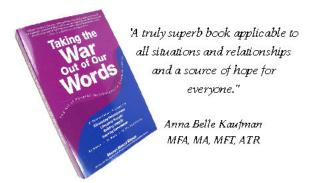


Symposium Presenter

Sharon Strand Ellison, M.S. Founder and Director

The Institute for Powerful Non-Defensive Communication

Sharon Strand Ellison earned a B.A. in Sociology at Willamette University in Salem, Oregon, in 1965 and received an M.S. in Interdisciplinary Studies in Juvenile Corrections at the University of Oregon in 1973. More than thirty years ago, she developed pioneering communication programs for children and parents, taking her sessions out of the office and into the home, school and playground environments. She serves as keynote speaker for conferences in many professional fields, including business, education, government, health care, law and social services. Her clients include Hewlett Packard, The Smithsonian, Centre for Dispute Resolution (London, England), and the United States Department of Justice. She was a nominee for the "Leadership in a Changing World" Award, sponsored by the Ford Foundation and the Advocacy Institute.







Sacramento Collaborative Practice Group 4740 Folsom Boulevard, Suite C Sacramento, CA 95819

# TAKING THE WAR OUT OF WORDS

THE POWERFUL USE OF
NON-DEFENSIVE COMMUNICATION



A Symposium for Mental Health, Legal and Affiliated Professionals

Friday, October 5, 2012 McGeorge School of Law 3200 Fifth Avenue Sacramento, California 95817

Sharon Strand Ellison, M.S. Presenter/Author

Sacramento Collaborative Practice Group www.divorceoption.com



Session 1 9:00 - 10:30 a.m.

## The Root of Our Communication Patterns

Understand how defensiveness functions in our lives and can lead to hurtful power struggles, outlining patterns such as self-betrayal, blame or vindictiveness. Discover the missing link that bridges the gap between the desire and the ability to communicate effectively.

Morning Break 10:30 - 10:45 a.m.

Session 2 10:45 - 12:30 p.m.

# Eliminate the Power Struggle

Learn how to change language to defuse defensiveness and to resist creating conflict. This System for Communication can eliminate the power struggle in human interations.

Lunch 12:30 - 1:30 p.m.

Session 3 1:30 - 4:30 p.m.

# **Communication Methods**

Gain valuable knowledge and skills about powerful non-defensive language.

- Learn how to ask disarming questions that prompt others to drop their defenses and open up
- Give direct feedback to others without being judgmental
- Express beliefs, feelings and ideas passionately without being adversarial
- Set firm boundaries that create security and clear expectations

#### When

Friday, October 5th, 2012 9:00 a.m. - 4:30 p.m. Registration begins at 8:30 a.m.

#### Where

McGeorge School of Law 3200 Fifth Avenue Sacramento, California 95817

#### Cost

\$75.00 Students, trainees, and interns \$125.00 Early Bird (by 9/24/12) \$150.00 (after 9/242012)

Cancellation fees are \$25 prior to 10/1/2012 and \$75 thereafter.



For further information, contact Lindie Newlin at (916) 455-5200 or e-mail Lindie@DivorceWithRespect.com. Please visit www.divorceoption.com for additional details.

### Continuing Education

Attorneys: Bartholomew & Wasznicky LLP (BW) is a State Bar of California approved MCLE provider and certifies that this course meets the requirements for 6.5 hours of MCLE credit.

MFCC/LCSWs: BW, California Board of Behavioral Sciences (BBS) provider #2844, certifies that this course meets the qualifications for 6.5 hours of continuing education credit for MFTs and/or LCSWs as required by the California BBS.

Psychologists: Application for continuing education credits in progress.

# Taking the War Out of Words:

The Powerful Use of Non-Defensive Communication
REGISTRATION FORM
McGeorge School of Law

McGeorge School of Lav Sacramento, California Friday, October 5, 2012

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Detach and mail completed form and payment to:

Sacramento Collaborative Practice Group
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